



Nutritional Information

Updated April, 2018

Breakfast Menu Items	Nutrition information per serve *								
	Serve Size (g)	Energy (kCal)	Protein (g)	Total fat (g)	Trans fat (g)	Total carbohydrate (g)	Sugars (g)	Dietary Fiber (g)	Sodium (mg)
Egg & Cheese McMuffin	112	290	14	13	0.2	28	2	2	620
Sausage McMuffin	112	273	16	11	0.2	28	2	2	835
Sausage McMuffin with egg	157	355	22	17	0.2	29	2	2	904
McEgg Burger	115	281	12	12	0.1	32	5	2	700
Veg McMuffin	119	299	10	12	0.2	38	2	4	995
Hot Cakes with Syrup and Butter	142	372	6	10	0.4	64	30	2	630
Hash Brown	64	166	2	10	0.1	16	0	2	370
Classic Scramble egg	146	329	18	17	0.2	27	3	1	370
Masala Scramble egg	196	395	18	22	0.2	31	5	2	890
Dosa Masala Brioche	129	349	7	18	0.0	40	5	4	710
Double Dosa Masala Brioche	187	475	8	26	0.0	51	7	7	1060
Veg Brioche	113	262	7	9	0.1	37	5	2	730
Waffle 2 pc	55	204	5	3	0.0	39	13	2	360
Waffle 4 pc	110	407	10	6	0.0	78	26	3	710

Regular Menu Items	Nutrition information per serve *								
	Serve Size (g)	Energy (kCal)	Protein (g)	Total fat (g)	Trans fat (g)	Total carbohydrate (g)	Sugars (g)	Dietary Fiber (g)	Sodium (mg)
Sandwiches and Wraps									
Filet-O-Fish	136	344	15	14	0.1	39	5	3	645
McEgg Burger	115	265	12	10	0.1	31	5	2	675
McAloo Tikki	146	334	7	12	0.1	50	6	4	543
McChicken	173	398	15	15	0.2	48	5	3	787
McVeggie	169	386	9	14	0.1	56	8	6	731
Maharaja Mac Chicken	290	675	32	34	0.2	60	7	3	1610
Maharaja Mac Veg	310	765	20	38	0.3	86	10	3	1850
McSpicy Paneer Burger	199	634	20	37	0.5	54	8	4	1139
McSpicy Chicken Burger	186	448	22	19	0.2	48	5	3	1275
Big Spicy Paneer Wrap	272	761	26	45	0.6	63	10	10	1754
Mexican Aloo Mini Wrap	132	365	6	20	0.1	39	5	6	692
Big Spicy Chicken Wrap	260	591	27	28	0.2	57	6	10	1951
Mexican Aloo Burger	140	380	7	17	0.1	48	7	4	758
Salad	144.00	117	2	8	0.0	9	4	1	500
Regular Fries									
Regular Fries	77	240	4	12	0.1	29	0	3	181
Medium Fries	109	340	5	17	0.1	41	0	5	256
Large Fries	154	480	7	24	0.2	58	0	7	361
Cheesy Mexican Fries	159	431	9	24	0.4	45	4	5	697
Veg Pizza McPuff	87	226	4	13	0.6	24	2	2	580
Nuggets									
4 piece Chicken McNuggets	64	177	11	10	0.1	11	0	1	320
6 piece Chicken McNuggets	96	266	17	14	0.1	17	0	1	480
9 piece Chicken McNuggets	144	399	25	22	0.1	26	0	2	710
Condiments									
Ketchup	9	8	0	0	0	2	2	0	70
Barbecue Sauce	25	50	0	0	0	12	7	0	210
Mustard Sauce	25	78	0	5	0	8	6	0	230
Cheese Slice	14	51	3	4	0	1	0	0	220
Chilli Sauce	10	9	0	0	0	2	2	0	60

Shakes	Nutrition information per serve *								
	Serve Size (g)	Energy (kCal)	Protein (g)	Total fat (g)	Trans fat (g)	Total carbohydrate rate (g)	Sugars (g)	Dietary Fiber (g)	Sodium (mg)
Regular Chocolate Milkshake	200	175	4	4	0.1	30	24	0	120
Medium Chocolate Milkshake	277	241	6	6	0.2	42	33	0	170
Large Chocolate Milkshake	400	349	8	8	0.3	60	48	1	240
Regular Strawberry Milkshake	200	162	4	4	0.1	28	22	0	80
Medium Strawberry Milkshake	275	224	5	6	0.2	38	31	0	110
Large Strawberry Milkshake	402	326	7	8	0.2	56	45	0	170

Cold Beverages	Nutrition information per serve *								
	Serve Size (g)	Energy (kCal)	Protein (g)	Total fat (g)	Trans fat (g)	Total carbohydrate rate (g)	Sugars (g)	Dietary Fiber (g)	Sodium (mg)
Regular Coca-Cola	249	110	0	0	0	27	27	0	-
Medium Coca-Cola	344	151	0	0	0	38	38	0	-
Large Coca-Cola	494	217	0	0	0	54	54	0	-
Regular Fanta Oragne	249	129	0	0	0	32	32	0	-
Medium Fanta Orange	344	179	0	0	0	45	45	0	-
Large Fanta Oragne	494	257	0	0	0	64	64	0	-
Regular Thums-up	249	100	0	0	0	25	25	0	-
Medium Thums-up	344	138	0	0	0	34	34	0	-
Large Thums-up	494	198	0	0	0	49	49	0	-
Regular Sprite	249	120	0	0	0	30	30	0	-
Medium Sprite	344	165	0	0	0	41	41	0	-
Large Sprite	494	237	0	0	0	59	59	0	-
Diet Coke	300	1	0	0	0	0	0	0	-
Kinley Water	500	0	0	0	0	0	0	0	-
Minute Maid Nimbu Fresh	200	96	0	0	0	24	23	0	-
Minute Maid Pulpy Orange	200	84	0	0	0	21	18	0	-
Cold Coffee	250	182	5	3	0	34	21	0	-
Ice Tea	275	133	0	0	0	33	33	0	-

Hot Beverages	Nutrition information per serve *								
	Serve Size (g)	Energy (kCal)	Protein (g)	Total fat (g)	Trans fat (g)	Total carbohydrate rate (g)	Sugars (g)	Dietary Fiber (g)	Sodium (mg)
Black Tea	200	0	0	0	0	0	0	0	-
Tea with Milk	200	26	1	2	0	1	1	0	20
Black coffee	200	7	0	0	0	2	0	0	-
Coffee with Milk	200	34	1	2	0	3	1	0	20

Desserts	Nutrition information per serve *								
	Serve Size (g)	Energy (kCal)	Protein (g)	Total fat (g)	Trans fat (g)	Total carbohydrate (g)	Sugars (g)	Dietary Fiber (g)	Sodium (mg)
McFloat Coke	237	139	2	2	0.1	29	28	0	390
McFloat Fanta	237	152	2	2	0.1	32	31	0	390
McFloat Sprite	237	146	2	2	0.1	31	30	0	390
McFloat Cold Coffee	247	185	5	4	0.1	33	24	0	390
Soft serve cone	81	86	2	2	0.1	15	11	0	390
McSwirl ChocoDip	93	164	3	8	0.1	20	15	0	400
McSwirl ButterScotch ChocoDip	97	185	3	9	0.1	23	17	0	410
Regular Soft Serve: Hot Fudge	92	127	2	4	0.1	21	18	0	410
Medium soft Serve: Hot Fudge	132	207	4	6	0.1	34	28	0	560
Regular Soft Serve: Strawberry	92	102	2	2	0.1	20	18	0	390
Medium soft Serve: Strawberry	132	158	3	2	0.1	31	29	0	520
Walnut Brownie with Hot Fudge: Regular	111	199	4	6	0.1	32	25	0	450
Walnut Brownie with Hot Fudge: Medium	155	293	5	9	0.1	47	36	0	610
McFlurry - Oreo Small	87	117	2	4	0.1	19	14	0	440
McFlurry - Oreo Regular	147	211	4	7	0.1	33	25	0	740
McFlurry ChocoCrunch Small	94	153	3	5	0.1	23	17	0	420
McFlurry ChocoCrunch Regular	167	336	5	16	0.1	42	33	1	700

Disclaimer: This nutrition information is derived from tests conducted at accredited laboratories; published resources; and/or information provided by McDonald's suppliers. It is based on standard product formulations; serve sizes; and average values derived from ingredients supplied by McDonald's vendors. Variation in serve sizes; preparation techniques; product testing method; and sources of supply, including regional, seasonal changes, geographical, weather and ambient conditions, may impact nutritional value of the menu items. In addition, product formulation do change periodically due to various external factors, including those stipulated above. One should expect some variation in the nutritional content and serve size of products purchased at our restaurant. The data here is only indicative and approximate. Nutritional data and serve size of these products are not required to be disclosed under any law or regulation; and are being provided with the intent to help customers make informed choices at McDonald's. The data here is subject to change at any time without prior notice.